

Levels of Development for Teaching Perseverance

Level D (*INTERNAL motivation*)

- Perseveres in spite of a challenge
- Retains an optimistic attitude toward obstacles
- Doesn't require constant adult direction or supervision to stay on task
- Independently asks for help when necessary, rather than unnecessarily worrying

Level C (*EXTERNAL motivation*)

- Does all of the above but ONLY when an adult is nearby or when there is a desire to impress someone who is watching

Level B/A

- On task ONLY when an adult is directly supervising and even then doesn't choose to focus well
- Gives up without much effort
- Displays a pessimistic attitude toward obstacles
- Blames others or circumstances as an excuse for giving up
- Doesn't ask for help or accept help that is offered
- Worries but doesn't choose to take action that will help in moving forward